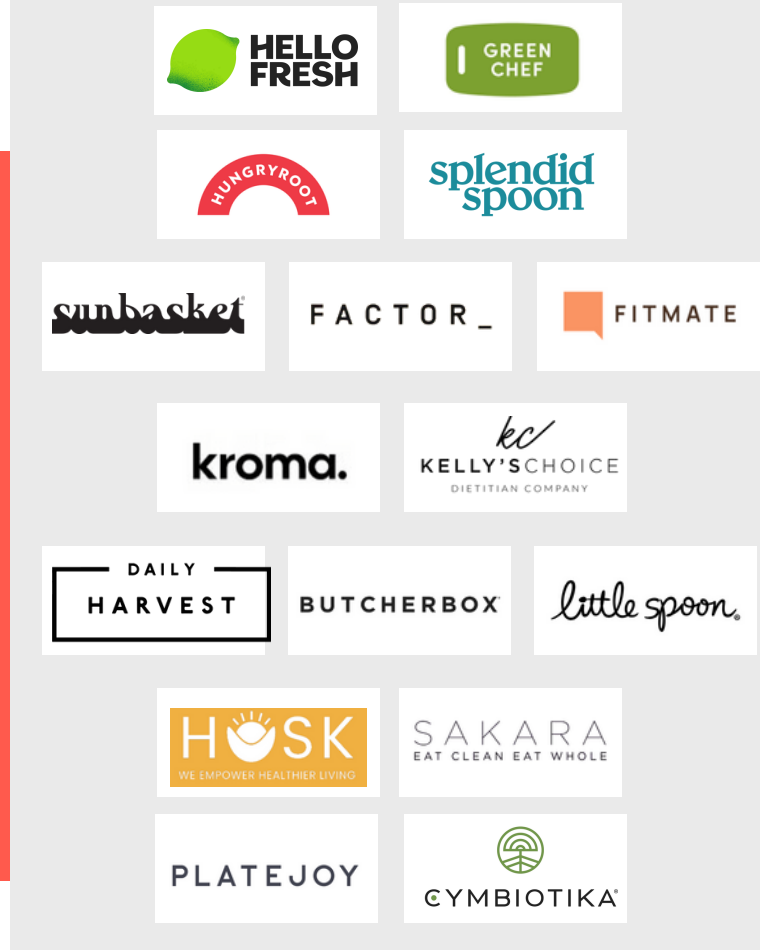


Nutrition Partners

Meal delivery services can be a major game changer—especially if you have limited time to shop for groceries and cook during the week. HealthKick’s Nourish category combines the convenience of meal delivery with a full range of nutrition support, including supplements, nutritional coaching, and weight management programs. Whether you’re trying a new way of eating, fueling a fitness plan, or looking for expert guidance, Nourish has something for everyone to feel their best.



Hungryroot makes eating healthy easy and fun by delivering fresh groceries that match your dietary preferences—along with simple, nutritious recipes to create delicious meals in minutes. Choose from a variety of options, including proteins, veggies, whole grains, and ready-to-eat snacks, plus add-ons like sauces, seasonings, and sweets to make every meal customizable and convenient.



Factor makes healthy eating effortless by delivering fresh, never-frozen meals designed to fuel your lifestyle—straight to your doorstep. With chef-crafted options that are ready in minutes, Factor offers everything from high-protein and keto-friendly meals to balanced dishes that suit a range of dietary needs. Plus, with add-ons like extra proteins, juices, shakes, energy bites, and desserts, Factor gives you the power to personalize your nutrition and stay energized all week long.



Kelly’s Choice empowers individuals to achieve their health goals with personalized nutrition guidance from a team of expert dietitians. Specializing in areas like GLP-1 support, weight management, meal planning, and nutrition education, Kelly’s Choice provides the tools and knowledge needed to build sustainable, healthy habits. Kelly’s Choice helps clients make lasting lifestyle changes that enhance wellness and overall quality of life.

Login Now to Get Started



www.health-kick.com



[Request your free HealthKick Account](#)

HealthKick's Wellness Platform features on-going nutritional support that keep employees supported and empowered all year long with a variety of monthly live wellness sessions, an extensive on-demand webinar library, and personalized coaching for tailored guidance. From foundational nutrition education to advanced topics, HealthKick's resources and content help employees make lasting, healthy choices that fit their unique needs and goals.

On-Demand Webinars

On-demand expert-led nutrition content from cooking workshops and pantry edits to emotional eating and fueling your day through food.



Empowering Your Health Through Food



Supporting Your Hormones With Diet & Lifestyle



Redefining Healthy Eating Habits



Pumpkin Spice Treats Class

Live Wellness Sessions

Live, interactive expert-led webinars on a broad range of nutrition topics from gut health to mental wellness and food and demystifying nutrition trends to heart health nutrition and more



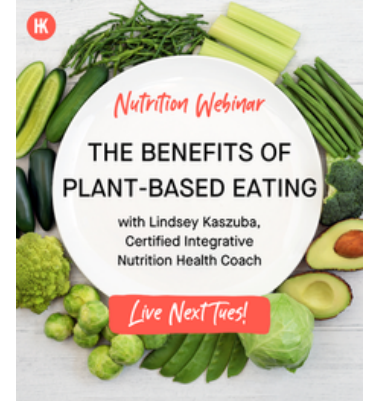
NOV 13 @ 12:00PM ET



November 15 at 12:00pm EST
Holiday Gut Health
Tips to support your digestive system this Thanksgiving
injoy



JANUARY 14 @ 1:00PM ET
Maximizing Weight-Loss Medications with Nutrition Education
A LIVE WELLNESS SESSION WITH LEADING DIETITIAN COMPANY KELLY'S CHOICE



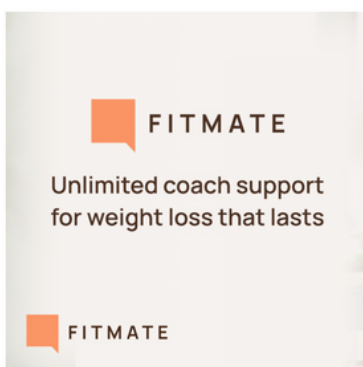
THE BENEFITS OF PLANT-BASED EATING
with Lindsey Kaszuba, Certified Integrative Nutrition Health Coach
Live Next Tues!

Personalized Coaching

One-on-one personalized nutrition coaching specialized for employees' needs from pre- or post-partum to gut health to medicated weight loss solutions.



Bach&Forth LLC
Holistic health accountability coaching



Fitmate
1:1 nutrition and weight loss coaching



HUSK Nutrition
Free 1:1 nutrition coaching



MTHR Nutrition
Women's nutrition coaching