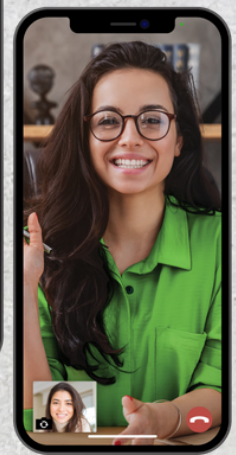
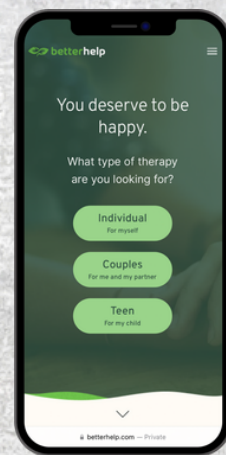


Professional therapy, done online.

HealthKick has partnered with BetterHelp, the leading online therapy platform to support the mental well-being of our members and their loved ones, by providing you with easy and convenient access to professional therapy online. As a valued member, this benefit is available to you free for one month with ongoing preferred rates to continue building on your progress.

BetterHelp makes starting therapy *easy and convenient.*



»»» Offer Details

All HealthKick members are able to receive your first month free of therapy and then 15% off each month ongoing.

»»» How it Works

Just like when seeing a therapist in a clinical setting, BetterHelp allows you to connect with your therapist in a safe environment. All therapists are licensed and accredited professionals. With online therapy through BetterHelp, you will be paired with a therapist based on your location, individual preferences, and needs. You can communicate with your therapist via phone, video, and live chat, plus you can message your therapist at anytime.

»»» Getting Started

To take advantage of this benefit, [simply click here to visit the HealthKick Betterhelp offer](#) and use code 'c46b1'

Complete a brief questionnaire to find a therapist that suits your needs and preferences. This benefit is also extended to your dependents and household members by using the same link and code.

◀◀ Frequently Asked Questions ▶▶

Who are the Therapists?

Therapists on BetterHelp are independently licensed clinicians licensed by their state's professional board after successfully completing the necessary education, exams, and training. The 30,000+ therapists on BetterHelp represent a wide variety of expertise, backgrounds, and therapy modalities.

How do I book my sessions?

You can use our scheduling tool to book a live session with your therapist - simply choose the date, time, and modality (phone, video, or live-chat) for your session. You can even text your therapist whenever you want with our messaging tool.

Will my company and HealthKick know that I am receiving therapy?

No. Your organization and HealthKick will not know who is receiving therapy. They won't have access to your personal data unless you contact them to let them know or provide authorization for them to get this access.

What type of services does BetterHelp provide?

BetterHelp offers individual, couples and teen therapy services.

Feel free to reach out to concierge@health-kick.com for further information at any time.

If you have any technical questions or if you need assistance with getting started with an online therapist, please contact contact@BetterHelp.com

